



GCSE SPORTS SCIENCE

What will I learn and when?

Course content: The course is 30% practical, 10% written coursework and 60% written exam. You will complete 2 written exam papers and learn about current topics in sport, psychology in sport, data analysis, socio-cultural influences in sport and develop knowledge of health, fitness and exercise and the human body. This is a more scientific GCSE course and will require a very good knowledge and understanding of the human body and movement analysis. You will develop your skills in 3 sports, specialising in 3 practical areas (see table below). Students will need to perform to a high level outside of school in 3 sports and these will need to be filmed and analysed throughout the course.

Written Paper - 30% • 1 hour 15 minutes written paper

- 78 marks
- Combination of multiple choice, short answer and extended writing questions
- Applied anatomy and physiology, movement analysis, physical training and use of data

Component 2:

Socio-cultural influences and well-being in physical activity and sport

Written Paper - 30% • 1 hour 15 minutes written paper

- 78 marks
- Combination of multiple choice, short answer and extended writing questions
- Sports psychology, socio-cultural influences, health, fitness and well-being and use of data

Component 3: Practical performance in physical activity and sport NEA - 40% • 100 marks

- Internal assessment, external moderation

Activity List

| Team Activities | | | Individual Activities | | |
|----------------------------|-----------------------|----------------------|-----------------------|----------------|---------------|
| Acrobatic gymnastics | Association Football | Badminton | Amateur Boxing | Athletics | Badminton |
| Basketball | Camogie | Cricket | Canoeing | Cycling | Dance |
| Dance | Figure Skating | Futsal | Equestrian | Figure Skating | Golf |
| Gaelic Football | Handball | Hockey | Gymnastics | Kayaking | Rock Climbing |
| Hurling | Ice Hockey | Inline Roller Hockey | Sailing | Sculling | Skiing |
| Lacrosse | Netball | Rowing | Snowboarding | Squash | Swimming |
| Rugby League | Rugby Union | Sailing | Table Tennis | Tennis | Trampolineing |
| Sculling | Squash | Table Tennis | Windsurfing | | |
| Tennis | Volleyball | Water polo | | | |
| Specialist Team Activities | | | | | |
| Blind Cricket | Goal Ball | Powerchair Football | | | |
| Table Cricket | Wheelchair Basketball | Wheelchair Rugby | | | |
| Bocca | Polybat | | | | |



Specification name and number: AQA GCSE PE

How will I learn?

Styles of learning: Practically, in a classroom, through leadership activities, using modern technology and up to date sporting examples and key ideas.

Trips/visits: Potential opportunities to go to Loughborough University, meet former and current Olympic athletes to share experiences and develop knowledge and understanding. To further develop practical ability through outside coaches and potential trips.

Resources: PE teaching spaces, PE KIT, laptops/IPADS.

How will I be assessed?

Exams: Practical Exam – March Year 11
Written Exam – May Year 11

Controlled Assessment: Sep – July in Year 10 of the course – ongoing assessment in lessons.

HOW TO HELP YOUR CHILD IN GCSE PE SPORTS SCIENCE

Actively encourage them to take up the after school and lunch time clubs available. Go and play sport with your child at a local sports club to further support and enhance their learning. Find out when they have PE and support them by helping them to plan and pack suitable PE kit and trainers for these lessons. Ensure all practical activities are filmed and video evidence is transferred onto the school internal drive for assessment. Support your child by asking them what they have learnt and then testing their knowledge and recall of key information.

USEFUL RESOURCES - WEBSITES:

www.sportengland.org

www.youthsporttrust.org

Information is also available on FIREFLY

www.AQA.org

Who should I contact for further information?

Curriculum Area Leader: Miss Jeal

***Please do not hesitate to contact the Curriculum Area Leader of this subject
should you wish to discuss the course.***