

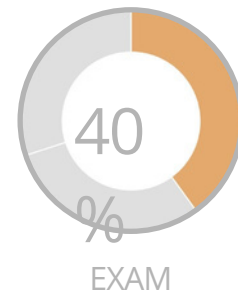
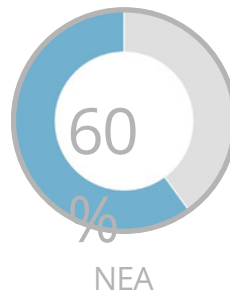
HEALTH AND SOCIAL CARE

COURSE DASHBOARD

This qualification has a strong emphasis on the practical skills and knowledge that equips students for success at both university and in the modern workplace.

Health and Social Care is ideal if you're considering a future in:

- Nursing
- Health and Social Care
- Health Sciences
- Social Work
- Paramedic Science
- Midwifery
- Occupational therapy
- Public Health and Wellbeing
- Health Promotion



Cambridge Advanced National (AAQ) in Health and Social Care

These units will provide the basis for understanding Health & Social Care in the wider contexts of the different environments and settings where care takes place, the importance of effective communication, the importance of legislation and impact on the setting and how to deliver a person-centred approach in the care given. Undertaking this qualification will enable the development of communication,

research, organisational skills as well as a greater understanding of working across the care settings. Year 1: Anatomy & Physiology, Person-centred approach to care, Supporting health nutrition and lifestyles. Year 2: Principles of health and social care, Supporting people in relation to sexual health, pregnancy and postnatal health, Supporting people with mental health conditions.

Anatomy and physiology for health and social care	In this unit you will learn about the arrangement of body systems and the structure and function of the component parts. You will learn about key processes within each body system, that enable them to function properly. You will then explore conditions affecting these systems, specifically learning about the biological basis, monitoring, treatment and impact on lifestyle and independence.	External Assessment: 1 hour 30 minutes written exam
Person-centred approach to care	In this unit you will learn the principles and values that underpin a person-centred approach to care and the practical tools that can be used to develop care plans for individuals. You will explore how to communicate in health and social care, how to build relationships and the barriers that need to be overcome to achieve person-centred care. You will learn to write outline care plans to suit individuals, using person-centred approaches and develop your reflective practice skills.	Non-Examined Assessment: 15 hours
Supporting health, nutrition and lifestyles	In this unit you will learn about the healthy eating guidelines, physical activity guidelines, nutritional labelling and the sources of nutrients. You will learn how to use this information to plan healthy and balanced meals for service users with different nutritional needs. You will investigate some of the barriers facing service users to eat healthy meals and the support that individuals may require to eat healthy meals.	Non-Examined Assessment: 14 hours
Principles of Health and Social Care	In this unit you will learn about key topics that are important to develop underpinning knowledge and understanding relevant to health and social care. Topics include: <ul style="list-style-type: none"> o Topic Area 1 Equality, diversity, and rights in health and social care settings o Topic Area 2 Managing hazards, health and safety in health and social care settings o Topic Area 3 Legislation in health and social care settings o Topic Area 4 Best practice in health and social care settings 	External Assessment: 1 hour 30 minutes written exam
Supporting people in relation to sexual health, pregnancy and postnatal health	In this unit you will learn about and research the most important aspects of sexual health including relationships, the law, consent, sexual health, sexually transmitted infections, contraception, pre-conceptual care, birth, and the immediate care of the baby, and how to obtain support for these. You will also learn to produce advice and guidance that is personalised for specific individuals with issues related to sexual health and pregnancy, birth and postnatal health. You will develop skills needed to deliver advice and guidance in a sensitive and professional way and review the process of doing this.	Non-Examined Assessment: 13 hours
Supporting people with mental health conditions	In this unit you will learn about how individuals with mental health conditions can be cared for and supported in a way which is suitable for their needs. You will do this through exploring the meaning of mental health and mental health needs, and considering the main types of mental health conditions and how these may affect the life of individuals. You will explore the different ways that individuals may be supported to promote their mental wellbeing, manage their condition, and different forms of treatment and support that may be available.	Non-Examined Assessment: 14 hours

WHERE CAN THIS COURSE TAKE ME?

EDUCATION...

Apprenticeships in health care, social care and early years. Degree level courses including nursing, biomedical sciences, allied health professional courses including physiotherapy, speech and language therapy, occupational therapy and midwifery. Degree courses related to social work..

CAREERS...

Entry level jobs such as health care assistant. Following further training, nursing, social care, midwifery, physiotherapy. Any health, social care or early years related job. Most will require higher education and training.

For more information, search [Cambridge Advanced National in H&SC](#), or email rhowells@jha.keystrust.org