

WEEK ONE

POD MENU- Grab and Go

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Meat
Option

Moroccan
chicken
Wrap
£1.85

FISH FINGER
SANDWICH
Served in a brioche bun
with ketchup
£1.60

Turkish
Kebab
Served in a kiln bread
with salad
£1.95

Chicken
Biryani
£1.95

Pizza and
Chips
£1.95

Vegetarian
option

Moroccan
spiced
Halloumi
Wrap
£1.85

Pesto
Roasted
vegetables
and
mozzarella
SERVED IN A BRIOCHE
BUN
£1.60

Vegetable
kebab
Served in a kiln bread
with salad
£1.70

Vegetable
Biryani
£1.95

Vegetable
Burger
£1.95

WEEK TWO

POD MENU- Grab & Go

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Meat

Chilli Beef
Burrito
£1.85

Chicken
tower
Burger
£1.95

Turkish
Kebab
Served in a kiln bread
with salad
£1.85

Butter
Chicken
Served with rice and a
naan shard
£1.95

Fish and
Chips
£1.95

Vegetarian

Chilli
Quorn
Burrito
£1.85

Spicy Bean
Burger
£1.85

Vegetable
Kebab
Served in a kiln bread
With salad
£1.70

Tarka Dhal
Served with rice and
a naan shard
£1.95

Vegetable
burger
£1.95

WEEK THREE

POD MENU- Grab & Go

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Grab n Go

Tandoori
chicken
Wrap
£1.85

Lamb Kofta
Burger
£1.95

Turkish
Kebab
Served in a kiln bread
with salad
£1.95

Chicken
chow mein
£1.95

Chicken
sausage and
Chips
£1.95

Hot Pot
Meal

Quorn
Tandoori
Wrap
£1.85

Bhaji
Burger
£1.80

Vegetable
Kebab
served in a kiln bread
with salad
£1.70

Vegetable
chow mein
£1.95

Vegetable
burger
£1.95