

Talking Tricks

Talking to a teenager can be tricky. Here are a few ideas that might come in handy when beginning a chat.

1. What was the best thing that happened at school today?
2. Tell me something that made you laugh today.
3. If you had a free choice, who would you/would you not sit with in class? Why?
4. How did someone help you today?
5. Tell me one thing you learned today.
6. When were you happiest today?
7. When were you bored today?
8. What word did your teacher say most today?
9. Tell me about something good that happened today.
10. What do you think you should be doing more/less of to prepare for the exams?
11. What about using a Mind Map for this essay plan/revision?
12. Remember that Memory Journey thing to link ideas? Why not use that for this?
13. Have you looked on Kite yet?
14. What would you like to happen to make this better?
15. I love you!



Remember, this is worth the effort – don't give up!

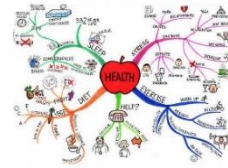
Study Strategies

These are a few things you could suggest if your son/daughter is at a loss for what to do next.

Mind Maps

Don't just re-read notes, turn them into mind maps and then stick them up in your room. Add pictures and colours to help you remember key areas of information.

See thinkbuzan.com



Flashcards

Write key information on colour coded cards for each subject/topic. This will force you to condense what you need to know and fit nicely in a pocket to carry around.



Study Buddies

Lots of our students deliberately work together, particularly when they are revising for a key test or exam. Let your child invite some friends over and then give them a quiet space to work, and maybe some biscuits...



Memory Journey

Pick a familiar room or a route and then 'hang' key bits of information at different points. Honestly, it works!



Remember **Firefly** – there's a link on www.jackhunt.net and a mountain of materials to help with every subject.

Some extra ideas...