

# RISK ASSESSMENT FORM



Activity: Rugby (Field)

Hazard	Hazard Effect	Risk Level before control:	Minimise Risk by:	Residual Risk
Incorrect/incomplete warm up.	Strained muscles/ligaments.	Med	Advice students of adequate and appropriate warm up.	LOW
Doing tackling using each other/Tackle Bags	Students getting injured worst case scenario-broken bones	Low	Ensure that the correct technique is taught to all students, and that they go through all the progressions safely and systematically.	LOW
Not wearing a gum shield	Could break teeth, jaw esp. when tackling.	Med	Give students notice about buying them from the school shop, information about them in their planner, letter sent home explaining the importance of wearing them	LOW
Condition of Rugby Balls	If rubber thin it may burst and cause injury	Med	Checking condition of balls – discard unsuitable balls – give verbal warning.	Low
Organisation of equipment: Bibs Balls, Tackle Bags, Tag Belts and cones	Possible Slip/ trip injury if not stored away safely if not being used	Med	Secure position of unused equipment away from playing areas and have any games/practices in a different area.	LOW/MED
Litter (inc. food)	Students slip, or cut their leg on open cans	Low	Pick up litter. Do not work in an area with litter.	Low

Overly Wet Grass/Snow	Students slip and fall.	Low	Students to wear correct footwear (Boots). Teacher to assess at time and adjust activity as necessary. In severe conditions cancel activity.	Low
<b>Final Assessment:</b>			<b>Overall Risk: LOW/MED</b>	
<b>Assessor: MMY</b>		<b>Date: July 2015</b>	<b>Review: ONGOING</b>	